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Book Descriptions and Links

Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey

https://www.amazon.com/Keeping-Love-Alive-Memories-Fade/dp/0802414508/ref=sr_1_1?dchild=1&keywords=keeping+love+alive+as+memories&qid=1621556815&sr=8-1

<https://www.moodypublishers.com/keeping-love-alive-as-memories-fade-4836579e/>

Across America and around the world, the five love languages have revitalized relationships and saved marriages from the brink of disaster. Can they also help individuals, couples, and families cope with the devastating diagnosis of Alzheimer's disease (AD)?

Coauthors Chapman, Shaw, and Barr give a resounding yes. Their innovative application of the five love languages creates an entirely new way to touch the lives of the five million Americans who have Alzheimer's, as well as their fifteen million caregivers. At its heart, this book is about how love gently lifts a corner of dementia's dark curtain to cultivate an emotional connection amid memory loss.

This collaborative, groundbreaking work between a healthcare professional, caregiver, and relationship expert will: Provide an overview of the love languages and Alzheimer's disease, correlate the love languages with the developments of the stages of AD, discuss how both the caregiver and care receiver can apply the love languages, address the challenges and stresses of the caregiver journey, offer personal stories and case studies about maintaining emotional intimacy amidst AD. *Keeping Love Alive as Memories Fade* is heartfelt and easy to apply, providing gentle, focused help for those feeling overwhelmed by the relational toll of Alzheimer's. Its principles have already helped hundreds of families, and it can help yours, too.

The Dementia Care Partner's Workbook

https://www.amazon.com/Dementia-Care-Partners-Workbook-Understanding/dp/1617222747/ref=sr_1_3?dchild=1&keywords=the+dementia+care+partner%27s+workbook+shaw&qid=1621556960&sr=8-3

The Dementia Care Partner's Workbook is a new resource from Companion Press that is both a support group participant's manual and self-study guide for care partners who have a loved one with Alzheimer's disease or another form of dementia. Its ten concise lessons not only walk you through the types, brain biology, and progressive symptoms of dementia but also offer practical tips for managing behaviors, coping with emotional issues, prioritizing self-care, and planning ahead—everything from diagnosis to end-of-life. The Manual provides general information about establishing and leading support groups, counseling skills for leaders and co-leaders, how to handle challenging group participants, step-by-step instructions on how to run each of the ten individual weekly meetings (including meeting-specific handouts), and lots of practical advice.

The Dementia Care Partner's Workbook includes a forward by world-renown dementia educator Teepa Snow, who said, "This resource offers what is so needed in dementia care: a combination of practical, emotional, intellectual, social, and spiritual support for those who have to make the journey. This workbook provides individual family members with greater awareness, knowledge, and skill to improve life, relationships, and care throughout the disease process."

A Leader's Manual for Dementia Care Partner Support Groups

https://www.amazon.com/Leaders-Manual-Dementia-Care-Partner-Support/dp/1617222933/ref=sr_1_2?dchild=1&keywords=edward+g+shaw&qid=1621557158&sr=8-2

If you're thinking about starting a support group for dementia care partners, this leader's manual is for you. Now available as a book! For the digital downloadable guide, click [here](#).

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If you are a medical, mental health, or other healthcare professional wanting to lead a support group for dementia care partners, or a layperson with a heart for those "on the journey," A Leader's Manual for Dementia Care-Partner Support Groups is the comprehensive resource you need. The Manual provides general information about establishing and leading support groups, counseling skills for leaders and co-leaders, how to handle challenging group participants, step-by-step instructions on how to run each of the ten individual weekly meetings (including meeting-specific handouts), and lots of practical advice from co-authors Dr. Edward Shaw, physician, mental health counselor, and former dementia care partner, and Dr. Alan Wolfelt, world-renowned thanatologist, grief counselor, and author. The handouts and worksheets are number coded for easy cross-referencing with the content of The Dementia Care-Partner's Workbook. For a [list of contents click here](#) or contact the Center for Loss at (970) 226-6050. This is also the perfect companion resource for A Support Group for People Living with Dementia: The Leader's Manual for those interested in offering support groups for people living with dementia and their caregivers.

A Support Group for People Living with Dementia: The Leader's Manual

<https://www.centerforloss.com/bookstore/a-support-group-for-people-living-with-dementia-the-leaders-manual/>

A Support Group for People Living with Dementia: The Leader's Manual is the comprehensive resource you need to lead meaningful support groups for those on the journey with Alzheimer's disease or another type of dementia. Authored by mental health professionals, a dance professor, and a neuroscientist, the *Manual* provides information about how to start and lead a support group for people living with dementia. It provides 10 sessions of enriching experiences to support mind, body, and soul using cognitively engaging activities, improvisational movement, and emotional processing. It is the perfect companion resource to A Leader's Manual For Dementia Care-Partner Support Groups and the [digital download version](#) for those interested in offering support groups for people living with dementia and their caregivers. Simply purchase and download the *Manual* PDF and review or print as necessary.